



**SÁM NA JAVISKU | ALONE ON THE STAGE**  
**International One Man Show Festival**  
17. – 20. 9. 2009 | Klub Lúč | Hviezda | Trenčín | [www.samnajavisku.sk](http://www.samnajavisku.sk)

**KAMIL BYSTRICKÝ, JURAJ BENKO | WELLNESS**

PREMIERE | friday 18. 9. 2009 | 16.00

**SYNOPSIS**

Theme: Kamil Bystrický, Juraj Benko  
Concept | Directed by: Kamil Bystrický  
Music: Richard Lalík, Milan Uhrík, Marek Svorada, Viktor Smutný  
Performed by: Kamil Bystrický/Oskar Pompa

He likes the way his life is going on. He uses several agents in order to stimulate the pleasant feeling. The agents come from the daily routines or experiences to the modern facilities that make our lives better. He breaths, meditates, smells, eats, dresses, or makes love. He works with everything that crosses his path thoroughly. He does all of these in order to keep the quality of his existence in his little universe. However, there is a threat that comes to his life. He has realized that this threat comes from inside while he has been working with his consciousness. He has realized that his life doesn't go in a smooth way anymore. His life has changed. He uses to store his experiences and adventures in an 'ice box,' but he is not able to put the fragments of his life together anymore. There is that forgotten part of his life looking at him from the ice box. What's more he is not able to fit this old part to his small universe that he is living now. He touches different dimension of his life. This dimension is pushing away the present life he is use to. His present life is pushed behind the old experiences from the ice box. This new life puts him in a funk and starts to face insomnia. He is thinking about the life influenced by the experiences from the ice box although he should sleep during the nights. He realizes that THIS is his life. Finally, he falls asleep and starts to dream. The dream shows him his life from a different perspective. The dream shows him the real needs of his personality. These needs are kind of vague needs in comparison to the needs he planned in regards to his conventions. This dream puts him behind the border line where he realizes there are no borders in his life. He realized that everything what was given to his life was prepared by him.